

CCOI RESOURCE FOR *COMMENTS*

Projection/Showmanship Comments-

Great volume in opening cheer but voices dropped during jumps.
Excellent job maintaining your poise when the music stopped.
Top girls exude more confidence in stunt sequences.
Fun routine to watch, and your energy sold it.
Maintain energy and enthusiasm throughout the entire routine.
Work on displaying more natural enthusiasm and expressions.
Pace of cheer was too fast, difficult to understand.
Everyone should yell the words during cheer, not just the bases.

Jump Comments-

Keep chest up and roll hips under for more height.
Synchronization of approach and each jump that followed was off.
Control your arms and core in jumps.
Bent legs when snapping down.
Feet apart on landings.
Flexed feet on ... jump.
Decreased flexibility and height of jumps.
Narrow leg position in hurdlers.
Good timing and uniformity to each jump

Tumbling Comments-

Work timing of standing tumbling, exact counts to sit and swing as well as stand up.
Work timing of running tumbling, exact count to hurdler and same number of steps.
Block through shoulders and get chest up in sets.
Work to stick and stand landings.
Legs apart in handsprings.
Bent legs on round offs, cartwheels, handsprings.
Keep core tight with your chest more upright on landings.
Decreased speed/pace in tumbling connections.
Timing off on synched standing/running tumbling skills.
Piked body position in layout attempts and fulls.
As the performance progresses, technique on _____ decreases taking away from the routine composition elements for repeated skills.
Lacking speed and explosiveness within standing skills.
Bent legs on pike skills.
Lacking connection between the jump combo and the tuck skills; which does not meet the L4 requirement.

Stunt Comments-

Bases catch cradles/toss higher and control the catch.

Tops step and lock out quickly, bent legs in single leg skills.

Decreased flexibility for arabesque/stretch/etc.

Timing off on pulling body position in arabesque/stretch/ scorp...

Tops wait for pop on twisting cradle to increase height.

Bases moving around a lot, keep a firm stance under stunts.

Wide legs in extensions/preps.

Tops squeeze legs together, they are wide as you load in to skills.

Hips are not squared to front/side as the stunt dipped, therefore not credited for twisting skill.

Timing off on load-ins for stunt sequence, some athletes single prepping others double prepping.

Pyramid/Tosses Comments-

Tops ride toss to top before hitting skill.

Tops load in with seat up and weight in arms so basket does not travel backwards.

Bases use legs and follow through on toss to increase height.

Tops help catch self in toss/cradles.

Braces help pull up in flip inversion.

Decreased flexibility in ... structure.

Slow transitions between pyramid elements.

Work timing off hitting structures for two top girls.

Keep lib leg up in pyramid structure.

Difficulty to see tick tocks in pyramid, need to make them more obvious/bigger.

Pyramid seemed rushed, never hit a solid structure.

Sync off during pyramid release transitions.

Lacked clean lines in bracer connections, stops need to hold tension through their arms.

Motion/Dance Comments-

Isolate and sharpen motions in ...

Placement of on (specific motions in cheer/dance/etc.).

Motions were not uniform in stretches and arabesque.

Flying arms during dance, need to control and place motions.

Bent wrist in (specific motions).

Fully extend motions.

Difficulty to see ripple, due to synch issues in dance.

Moving down and coming up from floor work was off.

Bring motions into the clap faster and sharper for increased synchronization.

Creativity Comments-

Routine lacked use of creative elements, to add visual appeal.
Routine was very one dimensional, did not have many creative elements.
Great creative transitions in your last stunt sequence.
Effective ripples with standing tumbling and signs.
Creative opening; immediately caught my attention.
Innovative dance moves worked great with music choice.
Unique formation change with aerials to new spot was extremely visual.
Great use of lower level skills to add visual appeal.
Lacking visual elements throughout routine.
Attempted visual elements did not enhance routine, due to poor execution of those elements.

Transitions/Formations Comments-

Spacing off on the (left/right) side during (specific section).
Work on pathways during tumbling to ensure all skills can be seen.
Moving stunts resulted in off centered formations.
Pyramid not centered.
Transitions between sections of the routine were choppy.
Transitions between routine elements were not seamless.
Crossing midline during routine is distracting.
Work on knowledge of formation pathways, to ensure people do not bump into one another.
Good use of skills (motions, side rolls, cartwheels, walkovers) during formation changes.
Opening tumbling formation was visual and highlighted your skills.
Flow disrupted prior to the running tumbling section.
There seems to be confusion in the center of the mat prior to the dance section during the formation change.
Good variety of formations.
Seamless transitions, with excellent flow throughout routine.

Skill Utilization Comments-

Few additional skills at or below difficulty level achieved by team.
Performed the bare minimum with no synchronized or repeated skills.
Not all athletes participated during dance section, they just took a knee.
Several athletes just standing in back during running tumbling section.
Did not utilize all athletes during the pyramid section of routine.
Good use of side rolls, as 6 tumblers came from back to front with layouts.
Good use of cartwheels and walkovers throughout routine.
Good job selecting skills you are confident performing.
Good use of synched tumbling skills, repeated tumbling skills, lower level stunt skills, tosses, etc. throughout the routine.
Attempted lower level or repeated skills did not enhance routine due to decreased technique.